**ÖZGEÇMİŞ**

**1. Adı Soyadı :** Sibel Halfon

**İletişim Bilgileri**

**Adres:** İstanbul Bilgi Üniversitesi, L-2/105

santralistanbul Kampüsü

Eski Silahtarağa Elektrik Santralı  
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34060 Eyüpsultan İstanbul

**Telefon:** 0 532 345 85 92

**Mail:** [sibel.halfon@bilgi.edu.tr](mailto:sibel.halfon@bilgi.edu.tr)

**2. Doğum Tarihi :** 01.01.1982

**3. Unvanı :** Dr. Öğretim Üyesi

**4. Öğrenim Durumu**

|  |  |  |  |
| --- | --- | --- | --- |
| Derece | Alan | Üniversite | Yıl |
| Lisans | Psikoloji | Boğaziçi Üniversitesi | 2004 |
| Y. Lisans | Klinik Psikoloji | Boğaziçi Üniversitesi | 2006 |
| Doktora | Klinik Psikoloji | City University of New York | 2012 |

**4.1. Doktora danışmanı:** Prof. Lissa Weinstein

**4.2. Doktora tez başlığı:** Repetition: From Compulsion to Structure

**5. Akademik Unvanlar**

|  |  |  |  |
| --- | --- | --- | --- |
| Ünvan | Dal | Üniversite | Yıl |
| Dr. Öğretim Üyesi | Psikoloji | İstanbul Bilgi Üniversitesi | 2014 |
| Doçent |  |  |  |
| Profesör |  |  |  |

**6. Yönetilen Yüksek Lisans Tezleri**

1. Aksoy, R. E. (2019). *Affect regulation mediates the association between affect focused psychodynamic interventions and symptomatic improvement in child psychotherapy.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
2. Hızır, E. (2019). *The relationship between the mentalization capacity of the children and affect regulation over the course of treatment.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
3. Özmeral, M. (2019). *The interrelationship of therapeutic alliance with affect expression and affect regulation throughout play in psychodynamic child psychotherapy.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
4. Şahin, C. (2019). *Associations between maternal reflective function, children’s attachment disorganization and complexity of object-representations.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
5. Ünal, M. (2019). *Associations between parental mentalization, children’s emotional mental state talk, children’s adverse experiences and behavior problems.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
6. Özsoy, D. (2018). *Therapeutic alliance in psychodynamic child psychotherapy: Growth trajectories and relations with outcome.*(Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
7. Cantaş, N. (2018). *Attachment security and mental state talk among mother-father-child triads.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
8. Şentürk, D. (2018). *Attachment security and the level of maternal reflective functioning capacity among children with behavioral problems.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
9. Takış, G. (2018). *Associations between children internal representations, play capacity and clinical level of anxiety.*(Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
10. Ababay, S. (2016). *What happens when fathers and children talk about each others’ mental states in play? : The development of social representations and affect regulation capacity.*(Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
11. Bulut, P. (2016). *Affect expression and regulation in child psychotherapy: Measuring affect with respect to psychopathology and tracking trends in treatment.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
12. Elitok, P. (2016). *Reorganization of object relations in psychotherapy: the function of relational play matrix between the patient and the therapist.*(Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
13. Gürleyen, B. (2016). *Mentalization and symbolization in psychodynamic play therapy process: An empirical investigation of the effect of mentalizing interventions on symbolic play and mentalization.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
14. Keskin, D. (2016). *Affective sharing process in psychodynamic play therapy: The relationship between the child’s affective organization in play and the therapist’s affective experience.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.
15. Ünlü, E. (2015). *The alphabet of silence: An empirical investigation of the psychodynamics of non-verbal play in child psychotherapy.* (Yayınlanmamış yüksek lisans tezi). İstanbul Bilgi Universitesi, İstanbul, Türkiye.

**7. Yayınlar**

**7.1. Uluslararası hakemli dergilerde yayınlanan makaleler**

1. Halfon, S., Coskun, A., Bekar, Ö ve Steele, M. (baskıda). Mental state talk impairments and imbalances of children with internalizing and externalizing problems. *Journal of Infant, Child and Adolescent Psychotherapy.*
2. İlkmen Y.ve Halfon, S. (2019). Transference interpretations as predictors of increased insight and affect expression in a single case of long-term psychoanalysis. *Research in Psychotherapy: Psychopathology, Process and Outcome, 22*, 435-446.
3. Halfon, S.ve Bulut, P. (2019). Mentalization and the growth of symbolic play and affect regulation in psychodynamic therapy for children with behavioral problems. *Psychotherapy Research*, *29*(5), 666-678.
4. de Felice, G., Giuliani, A., Halfon, S., Andreassi, S., Paoloni, G.ve Orsucci, F. F. (2019). The misleading Dodo Bird verdict. How much of the outcome variance is explained by common and specific factors?. *New Ideas in Psychology*, *54*, 50-55.
5. Halfon, S., Cavdar, A., Paolini, G., Andreassi, S., Giuliani, A.ve Orsucci, F. F. (2019). Monitoring nonlinear dynamics of change in a single case of psychodynamic play therapy. *Nonlinear Dynamics, Psychology, and Life sciences*, *23*(1), 113-135.
6. Halfon, S., Özsoy, D.ve Çavdar, A. (2019). Therapeutic alliance trajectories and associations with outcome in psychodynamic child psychotherapy. *Journal of Consulting and Clinical Psychology*, *87*(7), 603.
7. Halfon, S., Yılmaz, M.ve Çavdar, A. (2019). Mentalization, session-to-session negative emotion expression, symbolic play, and affect regulation in psychodynamic child psychotherapy. *Psychotherapy (Chicago, Ill.) online first*.
8. Halfon, S., Goodman, G.ve Bulut, P. (2018). Interaction structures as predictors of outcome in a naturalistic study of psychodynamic child psychotherapy. *Psychotherapy Research*, onlinefirst.
9. Halfon, S., Bekar, Ö., Ababay, S.ve Dorlach, G. Ç. (2017). Dyadic mental state talk and sophistication of symbolic play between parents and children with behavioral problems. *Journal of Infant, Child, and Adolescent Psychotherapy*, *16*(4), 291-307.
10. Halfon, S. (2017). Play profile constructions: An empirical assessment of children’s play in psychodynamic play therapy. *Journal of Infant, Child, and Adolescent Psychotherapy*, *16*(3), 219-233.
11. Halfon, S., Bekar, O.ve Gürleyen, B. (2017). An empirical analysis of mental state talk and affect regulation in two single-cases of psychodynamic child therapy.  *Psychotherapy*, *54*(2), 207.
12. Halfon, S., Çavdar, A., Orsucci, F., Schiepek, G. K., Andreassi, S., Giuliani, A.ve de Felice, G. (2016). The non-linear trajectory of change in play profiles of three children in psychodynamic play therapy. *Frontiers in Psychology*, *7*, 1494.
13. Halfon S., Fişek, G.ve Çavdar A. (2016). An empirical study of verb use as indicator of emotional access in therapeutic discourse. *Psychoanalytic Psychology*, *34(1)*, 35-49.
14. Halfon S., Weinstein. L (2016). Literary and analytic transformations of trauma: Repetition, revision and rebirth in two stories of Raymond Carver. *Psychoanalytic* *Psychology*, *06*, *33(1)*, S120.
15. Vegas, M., Halfon, S., Cavdar, A.ve Kaya, H. (2015). When interventions make an impact: An empirical investigation of analyst's communications and patient's productivity. *Psychoanalytic Psychology*, *32(4)*, 580-607.
16. Weinstein, L. ve Halfon, S (2015). Book review: “The analyst’s ear and the critic’s eye: Rethinking psychoanalysis and literature.” *Psychoanalytic Psychology, 32(2),* 371-375.
17. Halfon, S. (2014). Book review: “Personality and psychopathology: Critical dialogues with David Shapiro”. *Psychoanalytic Psychology, 31 (1)*,157-163.
18. Halfon, S. ve Tuber, S. (2013). Building a “Truer-Self” with Alex: A dialogue between authors about clinical case material. *Journal of Infant, Child and Adolescent Psychotherapy, 12*, 1-21.
19. Halfon, S. ve Weinstein, L. (2013). From compulsion to structure: An empirical model to study invariant repetition and representation. *Psychoanalytic Psychology*, *30 (3)*, 394-422.

**7.2 Uluslarası bilimsel toplantılarda sunulan ve bildiri kitabında (Proceedings) basılan bildiriler.**

1. Halfon, S. (2019). *Therapeutic alliance trajectories and associations with outcome in psychodynamic child psychotherapy* (Sözlü Bildiri). 5th Joint European & UK Society for Psychotherapy Research Chapters Conference, Krakow, Poland.
2. Halfon, S. (2019). *Attachment based mental state talk and in-session mentalization as predictors of outcome in psychodynamic child psychotherapy* (Sözlü Bildiri). 5th Joint European & UK Society for Psychotherapy Research Chapters Conference, Krakow, Poland.
3. Besiroglu, B., Açıl, M., & Halfon, S. (2019). *The relation between children’s mentalization and behavioral problems: The mediating role of children’s emotion regulation (*Poster Bildirisi). 5th Joint European & UK Society for Psychotherapy Research Chapters Conference, Krakow, Poland.
4. Coskun, A & Halfon, S. (2019*). Assessing changes in mentalization in psychodynamic child psychotherapy* (Poster Bildirisi). 5th Joint European & UK Society for Psychotherapy Research Chapters Conference, Krakow, Poland.
5. Doyran, M., Türkmen, B., Oktay, E. A., Halfon, S., & Salah, A. A. (2019). *Video and text-based affect analysis of children in play therapy* (Sözlü Bildiri). 2019 International Conference on Multimodal Interaction (pp. 26-34). ACM, Suzhou, Jiangsu, China.
6. Halfon, S. (2018). *Mentalization and the growth of symbolic play and affect regulation in psychodynamic child psychotherapy* (Sözlü Bildiri). 49th International Annual Meeting

of Society for Psychotherapy Research, Amsterdam, Netherlands.

1. Aksoy, R. E., & Halfon, S. (2018). *Interaction structures and symptomatic improvement in psychodynamic psychotherapy with a child in institutional care: A single case study* (Poster Bildirisi). 9th International Annual Meeting of Society for Psychotherapy Research, Amsterdam, Netherlands.
2. Cantas, N. & Halfon, S. (2018). *Attachment security and mental state talk among mother-father-child triads* (Poster Bildirisi). 49th International Annual Meeting of Society for Psychotherapy Research, Amsterdam, Netherlands.
3. Özsoy D, Halfon S. (2018). *Therapeutic alliance in psychodynamic child psychotherapy: Growth trajectories and relations with outcome* (Poster Bildirisi). 49th International Annual Meeting of Society for Psychotherapy Research, Amsterdam, Netherlands.
4. Halfon, S., Oktay, E. A., & Salah, A. A. (2016). *Assessing affective dimensions of play in psychodynamic child psychotherapy via text analysis*. In International Workshop on Human Behavior Understanding (pp. 15-34). Springer International Publishing, Amsterdam, Netherlands.
5. Halfon, S. (2016). *Assessment of play activity in psychodynamic child psychotherapy* (Sözlü Bildiri). 47th International Annual Meeting of Society for Psychotherapy Research, Jerusalem, Israel.
6. Elitok, P., Halfon, S. (2016). *Reorganization of object relations in psychotherapy: The function of relational play matrix between the patient and the therapist* (Sözlü Bildiri). 47th International Annual Meeting of Society for Psychotherapy Research, Jerusalem, Israel.
7. Bulut, P., Halfon, S. (2016). *Affective change in psychodynamic play therapy* (Poster Bildirisi). 47th International Annual Meeting of Psychotherapy Research, Jerusalem, Israel.
8. Keskin, D., Halfon, S. (2016). *Affective process in psychodynamic play therapy: Child’s affects, therapist’s emotional reactions and their relationship with global functioning*. (Poster Bildirisi). 47th International Annual Meeting of Society for Psychotherapy Research, Jerusalem, Israel.
9. Halfon, S. & Weinstein, L. (2012). *Listening to patient’s repetitions: A marker of inertia or change in psychotherapy?* (Sözlü Bildiri). Psychodynamic Psychoanalytic Research Society, National Conference, The American Psychoanalytic Winter Meetings, New York, USA.
10. Halfon, S. (2007*). Indigenous expressions of attachment behaviors in Turkish culture. (*Poster Bildirisi). International Attachment Conference*,* Braga, Portugal.

**7.4. Ulusal hakemli dergilerde yayınlanan makaleler**

1. Halfon, S., Cavdar, A., ve Kara, D. (2020). Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Alanında Bir Klinik Gidiş Değerlendirme Ölçeği Türkçe formunun (HoNOSCA-TR) psikometrik özellikleri. *Klinik Psikoloji Dergisi.* *Online first.*
2. Halfon, S., Çavdar, A., Özsoy, D. ve Kara, D. (baskıda). Gözleme Dayalı Terapötik İttifak Ölçeği Türkçe formu'nun (GDTİÖ) psikometrik özellikleri. Türk Psikoloji Yazıları.

**7.5. Ulusal bilimsel toplantılarda sunulan bildiri kitabında basılan bildiriler**

1. Halfon, S. (2015). Psikoterapi sahnesinde duygularla çalışmak(Sözlü Bildiri)*. Işık Savaşır Klinik Psikoloji Sempozyumu*, Ankara, Turkiye.
2. Halfon, S. (2013). Olgu Sunumu (Sözlü Bildiri). *Işık Savaşır Klinik Psikoloji Sempozyumu,* Istanbul, Türkiye.

**7.6. Yazılan ulusal kitaplarda bölümler**

1. Halfon, S. (2017). Psikanalitik Oyun Terapisi*.* A. Dost-Gözkan, N. Kafescioğlu ve D. Tahiroğlu (Eds.), *Oyun: Gelişim Psikolojisi ve Terapi Perspektifinden (pp. 343-377).* Istanbul: ÖzÜ Yayınları.
2. Halfon, S. (2015). Psikolojik Danışmanlık ve Psikoterapi: Nedir, Ne Kadar Uzun ve Hangi Derinlikte. F. Yurtseven ve M. Paker (Eds.), *Üniversitede Psikolojik Danışmanlık El Kitabı (pp.47-53).*  İstanbul: Bilgi Yayınları.

**8. Ulusal & Uluslararası Projeler**

1. Proje Adı: Mentalization, Affect Regulation and Improvements in Behavioral Problems in Psychodynamic Child Psychotherapy

Projeyi Fonlayan Kurum: Amerikan Psikanaliz Cemiyeti Araştırma Fonu   
Projede Alınan Rol: Araştırma Yürütücüsü

Tarih: 01/09/2018 - 01/09/2019

Bütçe: $16800

1. Proje Adı: “Cost Action CA 16102 European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders”

Projeyi Fonlayan Kurum: Cost Action

Projede Alınan Rol: Management Committee ve Working Group 3 Üyesi

Tarih: 04/01/2016-2020

1. Proje Adı: Changes in Play Profiles of Children in Psychodynamic Psychotherapy and Relations with Treatment Outcome

Projeyi Fonlayan Kurum: Uluslararası Psikanaliz Cemiyeti Araştırma Fonu

Projede Alınan Rol: Araştırma Yürütücüsü

Proje no: 4537  
Tarih: 01/02/2017 - 01/02/2018

Bütçe: $12000

1. TUBITAK 3501 Kariyer Geliştirme Programı

Proje Adı: Psikodinamik Oyun Terapisi Sürecinin Etkililiği  
Projede Alınan Rol: Araştırma Yürütücüsü

Proje no: 215K180  
Tarih: 01/09/2016 - 15/05/2020

Bütçe: 275.000 TL

**9. İdari Görevler**

2017- Yönetim Kurulu, The Child, Adolescent, And Family Therapy Research (CAFTRF) Special Interest Group of Society of Psychotherapy Research <https://www.psychotherapyresearch.org/page/SPRCaFTR>

2016- Eş-Yönetici: İstanbul Bilgi Universitesi Psikoterapi Araştırmaları Laboratuvarı

2015- Yönetici: İstanbul Bilgi Üniversitesi Psikolojik Danışmanlık Merkezi

**10. Bilimsel Kuruluşlara Üyelikler**

Türk Psikologlar Derneği

Society for Psychotherapy Research

**11. Ödüller**

2019, Nisan European Federation for Psychoanalytic Psychology Araştırma Ödülü

2012, Mayıs Joseph E. Barmack Memorial En İyi Doktora Tezi Ödülü

**12. Son iki yılda verdiği lisans ve lisansüstü düzeydeki dersler**

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| --- | --- | --- | --- | --- | --- |
| **Akademik Yıl** | **Dönem** | **Dersin Adı** | **Haftalık Saati** | | **Öğrenci Sayısı** |
| **Teorik** | **Uygulama** |
| 2018-2019 | Güz | İleri Psikopatoloji I | 3 |  | 12 |
| Çocuk-Ergen Klinik Uygulama |  | 1 | 12 |
| Çocuk-Ergen Psikoterapi Grup Süpervizyonu | 3 |  | 12 |
| Bahar | Çocuk-Ergen Klinik Vaka Tartışması | 2 |  | 12 |
| Çocuk-Ergen Psikolojik Değerlendirme | 3 | 1 | 12 |
| Çocuk-Ergen Psikoterapi Grup Süpervizyonu | 3 |  | 12 |
| 2018-2017 | Güz | İleri Psikopatoloji I | 3 |  | 12 |
| Çocuk-Ergen Klinik Uygulama |  | 1 | 12 |
| Çocuk-Ergen Psikoterapi Grup Süpervizyonu | 3 |  | 12 |
| Bahar | Çocuk-Ergen Klinik Vaka Tartışması | 2 |  | 12 |
| Çocuk-Ergen Psikolojik Değerlendirme | 3 | 1 | 12 |
| Çocuk-Ergen Psikoterapi Grup Süpervizyonu | 3 |  | 12 |